



DHARA WELLNESS RULES

ACCESS: WELLNESS AREA IS OPEN TO GUESTS UP TO 16 YEARS OLD, JUST WITH RESERVATION.

ALL THE EQUIPMENT AND THE USE OF THE WELLNESS AREA ARE AT YOUR DISPOSAL. THE MANAGEMENT ACCEPTS NO RESPONSIBILITY FOR ANY DAMAGE ARISING FROM YOUR USE.

BATHING SUIT: BATHING SUITS ARE OBLIGATORY IN THE WHOLE WELLNESS AREA, AS WELL IN THE SAUNA AND TURKISH BATH.

FOR HYGIENE REASONS THE USE OF SLIPPERS IS ALSO OBLIGATORY, BUT IN THE SAUNA AND TURKISH BATH, PLEASE LEAVE THEM OUTSIDE.

SMOKING: DHARA WELLNESS IS A NO SMOKING ZONE.

SILENCE: PLEASE KEEP THE SILENCE AND RESPECT THE TRANQUILLITY OF OTHERS, A MODERATE VOICE IN THE ENTIRE SPA AREA PROVIDES A RELAXING ATMOSPHERE.

CELL PHONES AND OTHER TECHNICAL DEVICES:

THE USE OF ANY EQUIPMENT WITH WHICH YOU SHOOT, RECORD OR COMMUNICATE CAN BE PROHIBITED.

IN URGENT CASES, PLEASE NOTIFY THE FRONT DESK AND MAKE THE DEVICE LOW.

HYGIENE: FOR HYGIENE REASONS, WE ASK YOU TO USE THE SHOWER BEFORE ENTERING TO THE SPA.

FOR THE SAME REASON WE ASK YOU TO PUT A TOWEL ON THE BENCH. A TOWEL IN THE TURKISH BATH IS NOT NECESSARY; CLEAN BEFORE EACH SESSION THE MARBLE BENCH WITH THE WATER JET.

HEALTH: THE SAUNA, AS WELL AS OTHER THERMAL FACILITIES, ARE NOT FOR PEOPLE WITH HEART PROBLEMS, LOW BLOOD PRESSURE, HYPERTENSION, ATHEROSCLEROSIS OR FEVERISH COLDS.

THE DURATION OF THE SESSIONS IS INDIVIDUAL. FOR PROPER APPLICATION, IT IS ADVISABLE, HOWEVER, THE 15 MINUTES IN THE SAUNA AND THE 20 MINUTES IN WHEAT BATH. AFTER THEM TAKE A COLD SHOWER THEN TAKE A REST OF AT LEAST 10 MINUTES, AND IF POSSIBLE, GO TO FRESH AIR.

TREATMENT CANCELLATION: PLEASE NOTE THAT ANY CANCELLATIONS MUST BE REPORTED AT LEAST 24 HOURS IN ADVANCE, OTHERWISE THE TREATMENT WILL BE CHARGED AT 50%.